



#### **Demographics and life-expectancy**



Aged 60 and above

8.8%



Aged 80 and above

1.1%



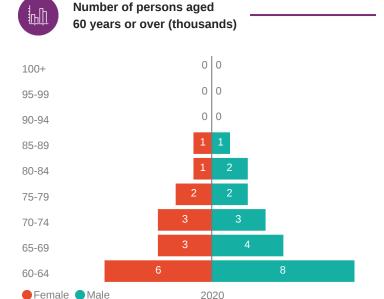
Life-expectancy at age 60





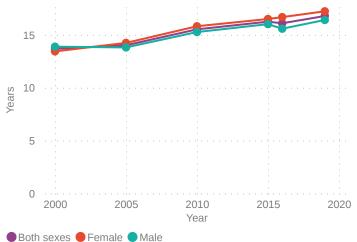
**16.8** years

Data source: WHO - Global Health Estimates (GHE) (2019), UN Population Division (2024)



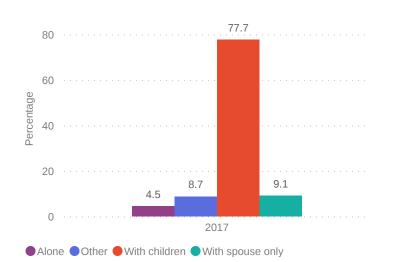
Data source: UN Population Division

# Healthy life-expectancy at age 60



Data source: WHO - Global Health Estimates (GHE)

#### Living arrangements



Data source: UN Population Division

**Risk factors** 

Prevalence of insufficient physical activity in people aged 70 or over (latest data)



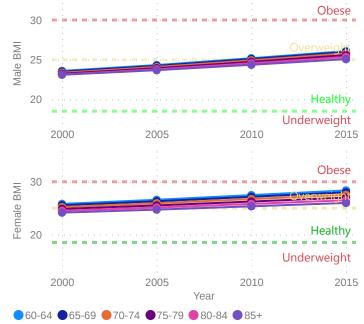
Male 39%



World Health

Organization

Body Mass Index (BMI) by age over time



Data source: NCD-RisC



#### Ageism

UU	Year	%
Crude prevalence of high ageist attitudes		no data
Crude prevalence of moderate ageist attitudes		no data
Crude prevalence of low ageist attitudes		no data

Data source: Global Report on Ageism 2020

(https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7246680/)







### Top 10 causes of death in older people and years lived with disability

Rank	Causes of death	Causes of years of healthy life lost due to disability
1	Cardiovascular diseases	Sense organ diseases
2	Ischaemic heart disease	Musculoskeletal diseases
3	Malignant neoplasms	Diabetes mellitus
4	Stroke	Cardiovascular diseases
5	Respiratory diseases	Other hearing loss
6	Chronic obstructive pulmonary disease	Respiratory diseases
7	Genitourinary diseases	Mental and substance use disorders
8	Kidney diseases	Chronic obstructive pulmonary disease
9	Ischaemic stroke	Back and neck pain
10	Haemorrhagic stroke	Neurological conditions

Data source: WHO - Global Health Estimates (GHE) (2019)



#### **Integrated Care for Older People**

	Prevalence and incidence of common health conditions									
Age Groups	Hearing loss*	Blindness and vision impairment*	Low back pain*	Falls**						
60-64	55%	30%	15%	1841						
65-69	64%	43%	17%	2127						
70-74	71%	56%	18%	2441						
75-79	78%	69%	20%	3130						
80-84	82%	79%	24%	4169						
85-89	81%	86%	25%	5166						
90-94	80%	93%	24%	5527						
95+	81%	97%	24%	5428						

\* Prevalence \*\* Incidence

Data source: IHME (2019)



#### Age-friendly cities and communities -

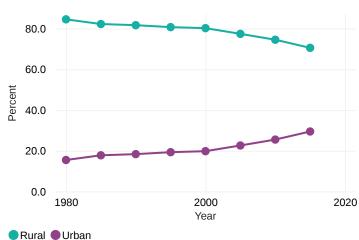
	Year	%
Percentage of older people living in age-friendly cities and communities		no data
Percentage of older people receiving pension	2020	100.0%
Percentage of older people active in labor market	2019	20.9%
Percentage of older people living in rural areas	2015	70.6%
Percentage of older people living in urban areas	2015	29.4%

More information: Age-friendly World

Data source: ILO, UN Population Division



### Percentage of older people living in rural and urban areas



Data source: UN Population Division



#### Long-term care for older people -

	Year	%
Percentage of older people receiving long-term care at long-time care facilities (aged 65 years or over)		no data
Percentage of older people receiving long-term care at home (aged 65 years or over)		no data
Number of formally employed LTC workers per 100 older persons (aged 65 years or over)		no data

Data source:









#### **Sustainable Development Goals**



Indicator •	Year	Both sexes	Female	Male
Proportion of persons above retirement age receiving a pension (SDG 1.3.1)	2020	100.0%	100.0%	100.0%

Data source: ILO



Indicator	Year	Age 60-64	Age 65-69	Age 70-74	Age 75-79	Age 80-84	Age 85-89	Age 90-94	Age 95+
Prevalence of anaemia in older people (SDG 2.2.3)	2019	19.5%	23.3%	27.5%	31.7%	36.4%	44.6%	42.9%	45.7%

Data source: IHME



Indicator	Year	Age 60-64	Age 65-69	Age 70-74	Age 75-79	Age 80-84	Age 85-89	Age 90-94	Age 95+
Incidence rate of acute hepatitis B in older people (per 100 000 population) (SDG 3.3.4)	2019	63856	59486	54503	49406	46109	42658	38578	34506
Incidence rate of tuberculosis in older people (per 100 000 population) (SDG 3.3.2)	2019	6248	7934	8090	8770	12512	16263	19812	23214
Suicide mortality rate (per 100 000 population) among older people (SDG 3.4.2)	2019	5	6	8	10	15	24	24	32

Data source: IHME



Indicator	Year	Both sexes	Female	Male
Labour force participation rate by older people (SDG 8.5)	2019	20.9%	16.2%	25.5%

Data source: ILO



Indicator	Year	Age 60-64	Age 65-69	Age 70-74	Age 75-79	Age 80-84	Age 85-89	Age 90-94	Age 95+
Proportion of older people who experienced any type of abuse (SDG 16.1.3)	no data	no data	no data	no data	no data	no data	no data	no data	no data

Data source:







## **(5)**

#### **National commitments**

Focal point on ageing and health in the ministry of health	No
National plans, policies or strategies on ageing and health	Yes
National multi-stakeholder forum or committee on ageing and health	Yes
National legislation and enforcement strategies against age-based discrimination	Yes
National legislation/regulations that provide older adults with access to assistive devices from the WHO Priority Assistive Product List	Yes
National programme to support activities in line with the WHO global Network for Age-friendly Cities and Communities	Yes
National policies in place to support comprehensive assessments of the health and social care needs for older people	Yes
Long-term care policy/plan/strategy/framework (stand-alone or integrated within an ageing and health plan)	Yes
Cross-sectional nationally representative, publicly available and anonymous individual level data on older persons and their health status	s and needs No
Longitudinal nationally representative surveys (cohort) on older persons and their status and needs	Yes
Policy, legislation, strategy, or programme to support combating ageism	Yes
Human rights mechanisms dedicated to the promotion and protection of the rights of older persons	No
Specific legal, administrative, or other effective remedies to older persons who have been subject to discrimination	Yes
Contributing to the UN-Open ended working group on ageing	No
Implemented actions to support income generation activities for older persons	No
Provide out-patient-service free of charge in the public sector for older persons	Yes
Provide assistive devices and technologies free of charge in the public sector for older persons	Yes
Provide pharmaceutical products and/or other medical supplies free of charge in the public sector for older persons	Yes
Capacity-building plans to strengthen the geriatric and gerontology workforce	Yes
National guidelines for organizing geriatric care and training	No
National competency frameworks for geriatrics care workers	No
Programmes (in-person or online) available for caregivers of older persons	No
Policy, legislation, strategy, or programme to support the integration of palliative care services into the structure and financing of national systems at all levels of care	I healthcare Yes
Availability of resources (human and finance) to implement actions on ageism	Adequate resources
Availability of resources (human and finance) to implement actions on age-friendly environment	Very limited resources
Availability of resources (human and finance) to implement actions on integration care for older persons	Limited resources
Availability of resources (human and finance) to implement actions on long-term care for older persons	Very limited resources

Data source: WHO (2023)

