

Food Allergies and Sensitivities

sweetFrog has listed food allergens recommended by the FDA.

The X indicates the item contains the specified allergen.

	Allergens						
	Eggs	Milk	Peanuts	Sesame	Soy	Tree Nuts	Wheat
Frozen Desserts							
Low Fat Frozen Yogurt							
Apple Pie Donuts	X	X			X		X
Asian Green Tea		X					
Baked Apple Stack	X	X					
Cake Batter	X	X					
Caramel Apple Pie	X	X					
Cookies & Cream	X	X			X		X
Cookie's Sugar Cookie	X	X			X		X
Dulce De Leche	X	X					
Eggnog	X	X					
French Toast	X	X			X		X
Irish Mint	X	X					
Milk Chocolate		X					
Mocha Latte		X					
My Little Cupcake	X	X					
New York Cheesecake*	X	X					
Oatmeal Cookie		X	X				X
Original Tart		X					
Salted Caramel Popcorn*	X	X					
Salted Caramel Pretzel*	X	X					
Scoop's Cake Batter	X	X					
Strawberry Shortcake	X	X					
Sweet Coconut		X				X	
Nonfat Frozen Yogurt							
Apple Pie		X					
Banana Taffy		X					
Berry Blast		X					
Blue Cotton Candy		X					
Cappuccino		X					
Country Vanilla		X					
Crisp Rice Treat	X	X					
Cruisn' Breeze		X				X	
Dutch Apple Dumpling		X					
Georgia Peach		X					
Hawaiian Pineapple		X					
Island Banana		X					
Luau Love		X					
Mountain Blackberry		X					
Peach Melba		X					
Peppermint Stick		X					
Pina Colada		X				X	
Pineapple Upside Down Cake	X	X					
Pistachio*		X					
POGicle		X					
Pomberry Punch		X					
Pomegranate Raspberry Tart		X					
Pool Party Punch		X					
Pumpkin Bread Batter	X	X					
Pumpkin Pie		X					
Purple Berry Bomb		X					
Taro*		X					
Toasted Marshmallow	X	X					
Vanilla		X					
Very Raspberry		X					
Very Strawberry		X					

Food Allergies and Sensitivities

sweetFrog has listed food allergens recommended by the FDA.

The X indicates the item contains the specified allergen.

	Allergens						
	Eggs	Milk	Peanuts	Sesame	Soy	Tree Nuts	Wheat
Gelato							
Caramel Sea Salt	X	X					
Chocolate		X					
Cold Brew Coffee		X					
Cookies and Cold Brew		X			X		X
Hazelnut*		X					
Horchata		X			X		
Pistachio*		X					
Vanilla Bean		X					
Dairy Free Sorbet							
Chocolate Fudge							
Green Apple							
Hawaiian Passion Mango							
Mango							
Passion Orange Guava							
Pomegranate Raspberry							
Strawberry Kiwi*							
Strawberry Lemonade							
Tropical Watermelon Sorbet*							
Watermelon*							
No Sugar Added Frozen Yogurt							
NSA Cheesecake*		X					
NSA Chocolate		X					
NSA Raspberry		X					
NSA Strawberry		X					
NSA Strawberry Banana		X					
NSA Summer Strawberry Cheesecake*		X					
NSA Vanilla		X					
NSA Yellow Cake Batter		X					
Dole Soft Serve®							
Dole Soft Serve® Cherry*							
Dole Soft Serve® Cherry Limeade*							
Dole Soft Serve® Lemon							
Dole Soft Serve® Lime							
Dole Soft Serve® Mango*							
Dole Soft Serve® Orange*							
Dole Soft Serve® Pineapple							
Dole Soft Serve® Pomegranate*							
Dole Soft Serve® Raspberry							
Dole Soft Serve® Strawberry*							
Dole Soft Serve® Watermelon*							
Lite Ice Cream							
Campfire Crush		X			X		X
Chocolate		X					
Chocolate Chip Cookie	X	X			X		X
Farm Stand Strawberry		X					
Fruity Cereal		X					
Milk and Cookies		X			X		X
Sweet Corn Flake Cereal		X					
Vanilla		X					

Food Allergies and Sensitivities

sweetFrog has listed food allergens recommended by the FDA.

The X indicates the item contains the specified allergen.

	Allergens						
	Eggs	Milk	Peanuts	Sesame	Soy	Tree Nuts	Wheat
Frozen Treat							
Banana Cream Pie	X	X					
Banana Nut*		X					
Black Raspberry		X					
Candy Cane		X					
Candy Caramels	X	X					
Caramel Almond Delight	X	X				X	
Caramel Nut*	X	X					
Chocolate		X					
Chocolate Cake	X	X					
Chocolate Caramel Bar	X	X					
Chocolate Caramel Peanut Butter Cup	X	X	X				
Chocolate Caramels	X	X					
Chocolate Covered Banana		X					
Chocolate Covered Raspberry		X					
Chocolate Covered Strawberry		X					
Chocolate Hazelnut		X			X	X	
Chocolate Macaroon	X	X				X	
Chocolate Malt		X					X
Chocolate PB Cup		X	X				
Chocolate Peanut Butter Pie	X	X	X			X	
Chocolate S' more	X	X			X		X
Coco Nutty		X	X			X	
Cookie Latte	X	X			X		X
Crème Brulee	X	X					
Double Chocolate Hazelnut*		X					
Hawaiian Wedding Cake	X	X				X	
Hazelnut Cheesecake*	X	X					
Hazelnut Crème*		X					
Homemade Peanut Butter Cookie	X	X	X				
Mississippi Mud Pie		X	X				
Nuts for Cake*	X	X					
Peach Souffle	X	X					
Peanut Butter		X	X				
Pistachio Mint*	X	X					
Pistachio Nut Cake*	X	X					
Salted Caramel Brownie*	X	X					
Toasted Marshmallow Fudge	X	X					
Triple Decker Bar	X	X	X				
Tropical Cream		X					
White Vanilla	X	X					

Food Allergies and Sensitivities

sweetFrog has listed food allergens recommended by the FDA.

The X indicates the item contains the specified allergen.

	Allergens						
	Eggs	Milk	Peanuts	Sesame	Soy	Tree Nuts	Wheat
Toppings							
Fruit							
Bananas							
Blackberries							
Blueberries							
Kiwi							
Mango							
Pineapple							
Raspberries							
Strawberries							
Boba Poppers							
Blueberry							
Cherry							
Kiwi							
Mango Sorbet							
Orange							
Passion Fruit							
Pineapple							
Pomegranate							
Strawberry							
Tropical							
Candy							
Butterfinger®		X	X		X		
Caramel Cups (mini)		X			X		
Chocolate Rocks		X			X		
HEATH® Bar		X			X	X	
Jolly Rancher®					X		
KIT KAT®		X			X		X
M&M'S® (mini)		X			X		
M&M'S® (peanut)		X	X		X		
M&M'S® (plain)		X			X		
Mint Chocolate (Andes®)		X			X		
Nerds®							
Nonpareils		X			X		
Peanut Butter Cups		X	X		X		
REESE'S Peanut Butter Cups		X	X		X		
REESE'S Pieces (mini)		X	X		X		
Skittles®							
Snickers®	X	X	X		X		
TWIX®		X			X		X
Chips							
Chocolate		X			X		
Peanut Butter		X	X		X		
Vanilla		X			X		
Yogurt		X			X		
Gummies							
Bears							
Frogs							
Peach Rings							
Sour Belts							X
Sour Worms							
Swedish Fish®							
Worms (regular)							

Food Allergies and Sensitivities

sweetFrog has listed food allergens recommended by the FDA.

The X indicates the item contains the specified allergen.

	Allergens						
	Eggs	Milk	Peanuts	Sesame	Soy	Tree Nuts	Wheat
Nuts							
Almonds						X	
Peanuts			X				
Pecans						X	
Walnuts						X	
Wet Walnuts						X	
Miscellaneous							
Brownie Bites	X				X		X
Brownie Squares	X	X			X		X
Cap'n Crunch®							
Cheesecake Bites	X	X			X		X
Chocolate Chip Cookies (Chips Ahoy!®)		X			X		X
Chocolate Chip Cookies (Chips Ahoy!®) Chunky		X			X		X
Chocolate Covered Sunflower Seeds		X			X		
Coconut (Shredded)						X	
Cookie Dough Bites					X		X
Crushed OREO® Cookies					X		X
Dark Chocolate Raspberry Cups		X			X		
Dark Chocolate Shavings		X			X		
Froot Loops®							X
Frosted Animal Crackers		X			X		X
Fruit Snacks							
Fruity PEBBLES™							
Graham Cracker Crumbs					X		X
Granola (udi's®)							
Granola, Low Fat Granola Crunchy (Kellogg's®)					X		X
Granola, Low Fat Granola without Raisins (Kellogg's®)		X				X	X
Granola, Oats and Honey (Cascadian Farm®)							
Granola, Oats and Honey (Nature Valley™)							
Maraschino Cherries							
Marshmallows							
Mochi							X
Nilla® Wafers	X	X			X		X
Nutter Butter® Bites			X		X		X
Peanut Butter Buckeyes		X	X		X		
Pound Cake	X	X					X
S'more		X			X		X
Spinkles, Chocolate							
Sprinkles							
Sprinkles, Unicorn							
Whipped Cream		X					

Food Allergies and Sensitivities

sweetFrog has listed food allergens recommended by the FDA.

The X indicates the item contains the specified allergen.

	Allergens						
	Eggs	Milk	Peanuts	Sesame	Soy	Tree Nuts	Wheat
Sauces							
Caramel		X					
Chocolate							
Chocolate Hazelnut		X			X	X	
Hot Fudge		X					
Marshmallow							
Peanut Butter			X				
Strawberry							
Waffles							
Bowl					X		X
Cones					X		X

Your health is of utmost concern to us. Please be aware that sweetFrog products may contain traces of allergens (eggs, milk, peanuts, sesame, soy, tree nuts or wheat) or food sensitivities from a manufacturing facility and preparation on site.

Common Tree Nuts that may be found in our stores include almonds, cashews, coconut, macadamia nuts, pecans, pistachios and walnuts.

*Name only denotes flavor and may not indicate the presence of any ingredient.

The Allergen information Sweetfrog® has provided is based on standard product formulations.

Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers.

Some items listed may not be available in all stores. This list may not include test products, limited time offers and regional menu variations.