



# Use of ICT and paper: a paradox Consequences on health and safety

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## Context and purposes

- Expected benefits from the introduction of ICT
  - Time saving
  - Fewer data entries
  - Less paper to manage



- Purposes
  - Analyse the real benefits
  - Analyse the health and safety consequences







#### Method

- Ergonomic approach
  - Six-year longitudinal study
  - Road freight transport company
  - Interviews and observations of different company stakeholders
  - Follow the development of the use of ICT (before it was introduced up until now)
  - On-board computer system (OCS) for :
    - > Communication between operators and drivers,
    - > Vehicle tracking...







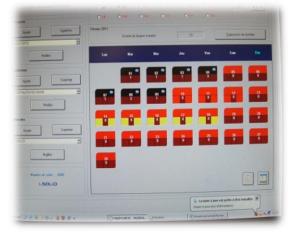


#### Results

- Communication tools : email, telephone, freight exchange
- Management tools: pack office, transport software, Electronic Data Interchange (EDI)

**Before the OCS** 







- Paper
  - > a paper trail
  - > a transition tool







#### Results (1/2)

- Communication tools : email, telephone, freight exchange
- Management tools: pack office, transport software, Electronic Data Interchange (EDI)
- Paper

Before the OCS

**OCS** 

Deployment

- > a paper trail
- > a transition tool
- Change in the distribution of tasks
- Accelerated pace of work : from 1 minute 11 seconds to 53 seconds
- More communication: from 9 hours 16 minutes to 14 hours 35 minutes
- More time using paper: from 8 hours 29 minutes to 20 hours 46 minutes

- Double entry and consultation of information systems
- → Need for coordination
- Multiple information structuring



- → Acceleration of the pace (intensification)
- → Higher information load











### Results (2/2)

A major increase in the use of ICT and paper

- Time of use: from 10 hours cumulated in 2011 to 16 hours 33 minutes in 2016
- Frequency of use: twice as more paper and six times more installations of Pack Office ©
- General intensification: 30 format changes per hour in 2011 compared to 70 in 2016















Between

2011-2016

#### Conclusion

Benefits for the company with ICT

Less paper to manage : NO

Fewer data entries : NO

Time saving : NO



- An increase in information load
- An intensification of the operator's activity
- **→** Health and safety consequences

















# Questions?

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